

September 2020

EDEN HEIGHTS OF EDEN ACTIVITY CALENDAR



1	Tuesday	10:00 Strength & Balance 10:30 Morning Walk 11:30 300 Hall Meal in DR 1:45 Country Ride 3:15 Skee-ball 6:00 Alphabet Game
2	Wednesday	9:30 Sit & Fit Exercise 10:15 Free Bingo-Limit 9 11:45 Yard Cookout-Sign Up 1:30 Free Bingo-Limit 9 3:00 Free Bingo-Limit 9 3:15 Cocktail Cart 6:00 Free Bingo-Limit 9
3	Thursday	10:00 Strength & Balance 10:30 Morning Walk 11:30 400 Hall Meal in DR 2:00 Arts & Craft Painting SunCatchers 3:30 Outrageous Facts 6:00 Truth or Dare
4	Friday	10:00 Sit & Fit Exercise 10:30 Morning Walk 11:30 200 Hall Meal in DR 1:45 Dollar Jackpot 3:15 Cocktail Cart 6:00 Nail Parlor & Lotion
5	Saturday	10:00 Active Game 10:30 Who Trivia 2:00 Leaders Choice 3:00 Sing a Long 6:00 Movie Night

6	Sunday	2:00 Spiritual Hymns Prayers & Rosary 3:00 Trivia, Stories Jokes & Puzzles 6:00 Movie Night
7	Monday	Labor Day 10:15 Dollar Bingo-Limit 9 11:30 100 Hall Meal in DR 1:30 Dollar Bingo-Limit 9 3:00 Dollar Bingo-Limit 9 6:00 Movie Night
8	Tuesday	10:00 Strength & Balance 10:30 Morning Walk 11:30 300 Hall Meal in DR 1:45 Project for Staff 3:00 Sing a Long 6:00 Alphabet Game
9	Wednesday	9:30 Sit & Fit Exercise 10:15 Free Bingo-Limit 9 11:45 Yard Cookout-Sign Up 1:30 Free Bingo-Limit 9 3:00 Free Bingo-Limit 9 3:15 Cocktail Cart 6:00 Free Bingo-Limit 9
10	Thursday	10:00 Total Workout 10:30 Morning Walk 11:30 400 Hall Meal in DR 12:30 -2::30 Act Room Flu Vaccine Clinic 3:00 Word Games 6:00 Stories & Trivia
11	Friday	10:00 Sit & Fit Exercise 10:30 Morning Walk 11:30 200 Hall Meal in DR 1:45 Dollar Jackpot 3:15 Crossword Puzzle 3:15 Cocktail Cart 6:00 Nail Parlor & Lotion
12	Saturday	9:30 Residents - Buy Tickets for Raffle 11:00 11:00- 2:00 Porch Theme Basket Raffle Music Rustic Rambler 2:45 Winners Announced 6:00 Movie Night

13	Sunday	Happy National Assisted Living Week & Grandparents Day 2:00 Family & Community DriveThruCelebration 3:00 Ice Cream Sundaes 6:00 Movie Night
14	Monday	65-Second Alzheimers Challenge Day 10:15 Dollar Bingo-Limit 9 1:30 100 Hall Meal in DR 1:30 Dollar Bingo-Limit 9 3:00 Dollar Bingo-Limit 9 6:00 Word Scramble
15	Tuesday	Giving Back Day 10:00 Strength & Balance 11:30 300 Hall Meal in DR 1:45 Balloon Raffle \$1.00 Proceeds Food Bank 3:00 Wii Bowling Contest 6:00 Building Words
16	Wednesday	Farewell Summer Day 10:15 Beach Theme Bingo 11:45 Yard Cookout-Sign up 1:30 Beach Theme Bingo 3:00 Beach Theme Bingo 3:15 Cocktail Cart 5:30 Ride Sunset at Beach
17	Thursday	Thank Staff Day & Craft Day 10:30 Strength & Balance 11:30 400 Hall Meal in DR 1:30 Suncatcher Gem Craft 2:45 Staff Celebration 6:00 Nail Parlor & Lotion
18	Friday	Back to School Day 10:00 Physical Education 11:30 200 Hall Meal in DR 1:45 Science for Seniors 2:30 Geography Quiz 3:15 FunnyTeacherStories 6:00 R U Smarter than?
19	Saturday	Buffalo Bills Day Wear Bills Attire Decorate Doors 10:00 Football Theme Games & Tailgate Party 2:00 Bills Trivia 3:15 Football Movie 6:00

20	Sunday	2:00 Spiritual Hymns Prayers & Rosary 3:00 Trivia, Stories Jokes & Puzzles 6:00 Movie Night
21	Monday	9:30 Sit & Fit Exercise 10:15 Dollar Bingo-Limit 9 11:30 100 Hall Meal in DR 1:30 Dollar Bingo-Limit 9 3:00 Dollar Bingo-Limit 9 3:15 Afternoon Walk 6:00 Color My World
22	Tuesday	Fist Day of Autumn 9:30 Strength & Balance 10:00 Country Ride 11:30 300 Hall Meal in DR 1:45 Fall Leaf Dog Art 3:15 Cider, Donuts, Trivia 6:00 Trivia
23	Wednesday	9:30 Sit & Fit Exercise 10:15 Free Bingo-Limit 9 11:45 Yard Cookout-Sign up 1:30 Free Bingo-Limit 9 3:00 Free Bingo-Limit 9 3:15 Cocktail Cart 6:00 Free Bingo-Limit 9
24	Thursday	10:00 Strength & Balance 10:30 Morning Walk 11:30 400 Hall Meal in DR 2:00 Bowling 3:00 Relay Art 6:00 You be The Judge & Jokes
25	Friday	10:00 Sit & Fit Exercise 10:30 Morning Walk 11:45 200 Hall Meal in DR 1:45 Dollar Jackpot 3:15 Look Again Puzzle 3:15 Cocktail Cart 6:00 Nail Parlor & Lotion
26	Saturday	10:00 Active Game 10:45 Mind Jogger Trivia 2:00 Leaders Choice 3:00 Sing a Long 6:00 Movie Night

27	Sunday	2:00 Spiritual Hymns Prayers & Rosary 3:00 Trivia, Stories Jokes & Puzzles 6:00 Movie Night
28	Monday	9:30 Sit & Fit Exercise 10:15 Dollar Bingo-Limit 9 11:30 100 Hall Meal in DR 1:30 Dollar Bingo-Limit 9 3:00 Dollar Bingo-Limit 9 6:00 Stories
29	Tuesday	10:00 Strength & Balance 10:30 Morning Walk 11:30 300 Hall Meal in DR 1:45 Country Ride 3:15 Two Truths & a Lie 6:00 Reverse Dictionary
30	Wednesday	9:30 Sit & Fit Exercise 10:15 Free Bingo-Limit 9 11:45 Yard Cookout-Sign up 1:30 Free Bingo-Limit 9 3:00 Free Bingo-Limit 9 3:15 Cocktail Cart 6:00 Free Bingo-Limit 9

