

Assisted Living, Memory Care & ALP



Exceptional Care... Exceptionally Caring... Exceeding Expectations.

### The Seneca Lake Experience

The Seneca Lake assisted living philosophy is simple: getting older means getting better. Every day brings more experiences and insights. Every day adds value and worth to the lives of our residents.

Seneca Lake offers a residential opportunity for seniors to focus on independence, friendship and fulfillment. The isolation, frustration and dependence that may have influenced our residents before coming to Seneca Lake have been chased away.

At Seneca Lake, our residents' horizons grow, not constrict. They are enabled, not hindered. Residence at Seneca Lake means having assistance so that day-to-day concerns are not burdensome. Seneca Lake's professionalism and excellence are demonstrated by our willingness to offer a trial residence. We encourage prospective residents to try a month at Seneca Lake to be sure they will be comfortable and content.

We know that independence and happiness are the keys to making Seneca Lake a home for our residents. We provide the following services so that our residents can spend their valuable time enjoying new friends and doing the things they like to do.

## Recreational Activities & Social Programs

Daily exercise, news & views, gardening, Nintendo Wii contests and weekly live entertainment at happy hour are just a few of the many activities our residents enjoy without leaving home. Day trips, shopping excursions and restaurant outings in our resident van are also available.



#### **Personal Care**

Our staff is never far away when you need a helping hand. Whether it is help with bathing or getting dressed, we're ready to assist our residents with matters of a personal nature twenty-four hours a day.

At Seneca Lake, our distinguished care program is specially designed to reflect our residents' personal interests and encourage a sense of meaning, purpose and success. We provide 24-hour supervision, care and programming, complete with beautiful dining rooms, multiple living and sunrooms, an activity kitchen, outdoor courtyard and raised flower gardens.

What you can expect at all inclusive rates:

- Personalized case management by licensed nurses
- Assistance with activities of daily living
- Medication assistance
- 24 hour emergency response system
- Housekeeping & laundry
- Nutritious meals and snacks
- Daily recreational programs

#### **Medication Management**

Sometimes just remembering to take medication is tricky. Our staff takes the worry out of the medications that keep our residents well.

#### Housekeeping & Laundry

Seneca Lake residents have places to be and things to do. Household chores are not among them. We provide laundry and housekeeping services as needed.

#### Worship Services

Worship services are celebrated on site by various denominations through the efforts of congregations in the surrounding community. Residents are also encouraged to maintain their existing connections with religious organizations of their own.

#### Restaurant Style Dining

Three delicious meals are served tableside in our elegant, spacious dining rooms. Each meal features a selective menu with various entrees. We also offer therapeutic diets for individuals with special nutritional needs, and an evening snack is served daily.

Also available for our residents' convenience and personal pleasure are:

- Bright spacious private and semi-private apartments with full bathrooms
- Beauty Salon/barbershop
- Ice cream parlor
- Memory Care Neighborhood
- And much more...

## Discover All The Senior Living Choices

Call (315) 789-4162 to arrange a tour, 7 days a week, or visit our website at www.senecalaketerrace.com and discover for yourself the community of care- with all the comforts of home- that's waiting for you at Seneca Lake.



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# When is the right time for Seneca Lake?

The need to transition to an Assisted Living Community solution is not always easy to recognize or initiate. Maybe forgetfulness is on the rise. Maybe loneliness is a factor. Maybe mobility is impaired and the two-story house isn't practical anymore. Everyone has unique circumstances that must be considered. We stand ready to help you evaluate your situation and plan a more fulfilling lifestyle.

#### A Bit About Management

The management of Seneca Lake, which is a privately held company, has owned and operated assisted living facilities since 1972. We are actively involved in the day-to-day operations of each of our facilities and are our residents' strongest advocates.



