

NOVEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 walk your hall 10:00 - morning snack 10:30 musical melodies Hall 11:00 - magazines 1:15 - exercise balls in room 3:00 - snack & chat 4:00 - Hallway meditation	2 9:30 walk about All 10:00 - morning social 10:30 - SIT & Fit M 11:00 - movement & music 1:15 - crafty crafters I 2:00 - Trivia M 3:00 - snack & chat 4:00 - room visits	3 9:30 - walk about All 10:00 - morning social 10:30 - SIT & Fit M 11:00 - who am I M 1:15 - Trivia M 2:00 - kickball M 3:00 - snack & chat 4:00 - room visits	4 9:30 walk about all 10:00 - morning social 10:30 - sit & fit M 11:00 - name that tune M 1:15 - Triva M 2:00 Ice Cream Social I 3:00 - A to Z M 4:00 - room visits	5 9:30 walk about All 10:00 - morning social 10:30 - SIT & Fit M 11:00 - Crafty Crafters 1:15 - Afternoon walk All 2:00 - Trivia M 3:00 - snack & chat 4:00 - room visits	6 9:00 - Resident council 10:00 - morning social 10:30 - sit & Fit M 11:00 - What am I All 1:15 - water color painting I 2:00 - Triva M 3:00 - Happy Hour M 4:00 - room visits	7 9:30 walk your hall 10:00 - morning snack 11:00 - magazines 1:15 - exercise balls in room 3:00 - snack & chat 4:00 - Hallway meditation 7:00 - Lawrence Welk
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Seneca Lake Terrace
3670 Pre-Emption Rd.
Geneva, NY 14456

All Activities are done by Cheryl Jensen unless otherwise noted.

Special/ Events/ Etc.



Nov. 1st set your clocks back

Nov. 3rd Election Day
Nov. 6th - Resident Council
Nov. 11th Veteran Day
Nov. 12th Fall Festival

Nov. 18th Thanksgiving Luncheon
Nov. 30th Betty's "103" Birthday



apple bobbing using tongs
Fall ride
Drive through raffle
wine and cheese social
Make a scarecrow