



Countryside Village

Alzheimers & Memory Care



*Exceptional Care... Exceptionally Caring...
Exceeding Expectations.*

La Vita e Bella a Specialized Memory Care Program

La Vita e Bella, our distinguished memory care program specially designed to reflect our residents' personal interests and encourage a sense of meaning, purpose and success. We have created a unique activity program designed for people, some who may have cognitive impairment that may include dementia. Who can benefit from an intimate environment. We provide 24-hour supervision, care and programming, complete with a dining area, activity area and outdoor courtyard and amenities.

La Vita e Bella celebrates the spirit within each resident through personalized activities that encourage creativity and self-expression. We work with each resident individually, striving for small successes each day that help to create a sense of accomplishment.

All the Comforts of Home

Our warm, home-like atmosphere offers a sense of comfort and belonging and reduces fear, loneliness and confusion. We understand how important this is to you and your loved one. While providing the best in customized care for residents, we also provide support and education for families, helping them increase their own awareness, acceptance and abilities to assist in caregiving. Our staff promotes a familiar daily routine including these programs and activities:

What you can expect:

- Individual and group activities, including gardening, movies and reminiscing
- Creative activities that include music, crafts, sports, puzzles and word games;
- Exercise programs that include stretching, walking and balance activities;
- Spiritual opportunities for people of all religions
- Support groups and ongoing support for families
- Way finding cues



Family-Style Dining

Good nutrition and hydration are vital to health, and delicious food is one of the great joys in life. Our dietary program addresses many needs that are specific to individuals with dementia, including distraction, loss of hunger, decreased food recognition, and individual biorhythms. Our dining program has been created to serve the needs of each resident sacrificing taste. Food is prepared in ways that are appealing, and our dining room is relaxed and pleasant. Residents enjoy their meals with friends are served by trusted staff. We strive to make each an experience to look forward.

Personal Care

Our staff is never far away when you need a helping hand. Whether it is help with bathing or getting dressed, we're ready to assist our residents with matters of personal nature twenty-four hours a day. We also have medical technicians administering medications and monitoring any medical concerns daily. Residents can be seen by their own personal physician on the premises, and many other services can be delivered on site; including lab work, EKGs, x-rays and physical occupational and speech therapy.

Safety and Security

All residents and families enjoy the safety, security and peace of mind that are a hallmark of care at Countryside Village. Our community is secure. Bedrooms are equipped with an emergency call system and all exit doors are alarmed. We strive to help our residents preserve their own patterns of activity throughout the day and night while encouraging their participation in activities that are engaging, enjoyable and enriching.

Respite Care

Countryside Village's Respite Care and Short-Term Stay Program gives you, the caregiver and your family, the opportunity to take a break from the demands of caring for a loved one at home. Countryside village offers your loved one round-the-clock trained professional care and companionship in a home-like setting with access to all the basic services and amenities we have to offer.

We invite you to visit our community and experience for yourself how our caring staff and specialized program can help.

Call 919-242-6369 to arrange a tour, 7 days a week or visit our website www.countrysidememorycare.com and discover for yourself the community of care -with all the comforts of home-that's waiting for you at Countryside Village.

Countryside Village

Alzheimers & Memory Care

4522 Old Cherry Point Rd, New Bern,
NC 28560
252-634-9066

PSLGroupLLC.com

The Countryside Village Experience

Countryside Village is a licensed memory care community which focuses on care and programs that help people cope – even thrive -while managing the issues of dementia. Our staff is trained by a National Certified Dementia Practitioner and dedicated to helping you and your family.

Countryside Village provides a warm, inviting and familiar environment for residents with Alzheimer's disease and other forms of dementia. The community offers state-of-the-art care and treatment and a gracious alternative to a nursing home. Here you find patience, acceptance and, above all, dignity and respect. Our experience staff is here to give your loved one the constant assurance and attention they need and deserve.

