

# March

# 2020

Wellness Care Calendar  
Eden Heights of Olean  
161 S. 25th Street  
Olean, NY 14760  
716-372-4466

Refreshments available  
daily at 10:00am & 8:00pm  
in the Dining Room.

SUN	MON	TUES	WED	THUR	FRI	SAT
<p>10:30 Coffee/Hot Cocoa Hour</p> <p>11:00 Internet Music</p> <p>1:30 Name 5</p> <p>3:30 Great Valley Baptist Church</p> <p>6:00 Uno</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Bell Choir</p> <p>10:30 Fresh Fire Church table group in the 200L</p> <p>1:00 Walking Club</p> <p>1:30 Creative Writing</p> <p>3:30 Rosary</p> <p>6:00 Cribbage</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Hangman</p> <p>1:00 Walking Club</p> <p>2:00 Pastor Steven Beattie Bible Study Group</p> <p>3:30 Bingo</p> <p>6:00 Checkers</p> <p>JoAnne Guild's Birthday</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Outing: Marshals &amp; Ollies</p> <p>1:00 Walking Club</p> <p>1:30 Cooking Club</p> <p>3:30 What does your Name Mean?</p> <p>6:00 Word Search</p> <p>What Your Name Means Day</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 American Trivia</p> <p>1:30 Entertainment: Dive Bar Duo</p> <p>3:30 Bam</p> <p>6:00 Qwixx Game</p>	<p>9:00 Communion with Ken</p> <p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Manicures</p> <p>11:45 RC Sale</p> <p>1:30 Bingo</p> <p>2:30 Euchre Club 200L</p> <p>3:30 Rosary</p> <p>6:00 Jigsaw Puzzle</p> <p>Dress in Blue Day</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Jeopardy</p> <p>1:30 Men's/Veteran's Club: Centennial the Movie</p> <p>Continued: Part 5</p> <p>6:00 Chess</p>
<p>10:30 Coffee/Hot Cocoa Hour</p> <p>11:00 Gospel Music</p> <p>1:30 Central Street Baptist of Salamanca Church</p> <p>3:30 Bean Bag Toss</p> <p>6:00 Chess</p> <p>Daylight Savings Time Begins</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Women's History</p> <p>1:30 Shuffle Board</p> <p>2:00 Liz &amp; Halley: Therapy Dog Room &amp; Room</p> <p>3:15 Rosary</p> <p>3:30 Catholic Mass</p> <p>6:00 Cribbage</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Activity Meeting</p> <p>1:00 Walking Club</p> <p>1:30 Internet Bagpipe Music</p> <p>3:30 Cocktail Hour</p> <p>6:00 Uno</p> <p>International Bagpipe Day</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Dawn's Craft</p> <p>1:00 Walking Club</p> <p>1:30 Baking Club: Johnny Appleseed Cake</p> <p>3:30 Dice Bingo</p> <p>6:00 The Silverwolves</p> <p>Johnny Appleseed Day</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Resident Council Mtg</p> <p>1:00 Walking Club</p> <p>1:30 Entertainment/ Birthday Bash</p> <p>Dick Penysl</p> <p>3:30 Bingo</p> <p>6:00 Qwixx Game</p>	<p>9:00 Communion with Ken</p> <p>9:30 Exercise</p> <p>10:30 Manicures</p> <p>11:45 RC Sale</p> <p>1:30 Bingo</p> <p>2:30 Euchre Club 200 Lounge</p> <p>3:30 Rosary</p> <p>6:00 Chess</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Knitting Club</p> <p>1:00 Walking Club</p> <p>1:30-3:30 Sharon Konert: Memory Care Director's Workshop</p> <p>6:00 Scrabble</p>
<p>10:30 Coffee/Hot Cocoa Hour</p> <p>11:00 Internet Music</p> <p>1:30 Bean Bag Toss</p> <p>3:30 Center Street Baptist Church</p> <p>6:00 Qwixx Dice Game</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Bell Choir</p> <p>1:30 Birthday Party for Rose Bressan's 100th Birthday</p> <p>2:00 Jean &amp; Zena: Therapy Dogs</p> <p>3:30 Rosary</p> <p>6:00 Cribbage</p>	<p>9:30 Exercise</p> <p>10:30 St. Patrick Trivia</p> <p>12:00 St. Patrick's Day Themed Luncheon</p> <p>1:30 International Social: Ireland</p> <p>3:00 Katie Dugan's Irish Dancing Group</p> <p>6:00 Mad Lib</p> <p>St. Patrick's Day</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Outing: Grand Slam</p> <p>1:00 Walking Club</p> <p>1:30 Bam</p> <p>3:30 Ice Cream Social</p> <p>6:00 The Silverwolves</p> <p>Last Day of Winter</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Paddle Ball</p> <p>1:00 Walking Club</p> <p>1:30 Entertainment: Sheryl Anderson: Accordion Player</p> <p>3:30 Bingo</p> <p>6:00 Crossword</p>	<p>9:00 Communion: Ken</p> <p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Manicures</p> <p>11:45 RC Sale</p> <p>1:30 Afternoon Movie: A Beautiful Day in the Neighborhood</p> <p>2:30 Euchre Club 2L</p> <p>3:345 Rosary</p> <p>6:00 Uno</p> <p>Fred Roger's Day</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Trivia Pursuit</p> <p>1:00 Walking Club</p> <p>1:30 Dart Ball Toss</p> <p>3:30 Bingo</p> <p>6:00 Jigsaw Puzzles</p>
<p>10:30 Coffee/Hot Cocoa Hour</p> <p>11:00 Gospel Music</p> <p>1:30 Fresh Fire Church</p> <p>3:30 The Silverwolves</p> <p>6:00 Uno</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Horse Racing</p> <p>1:30 Bon Appetite Mtg</p> <p>3:15 Rosary</p> <p>3:30 Catholic Mass</p> <p>6:00 Cribbage</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 American Trivia</p> <p>1:30 Entertainment: Carl Testerman</p> <p>3:30 St. Stephens Church</p> <p>6:00 Scrabble</p> <p>Mary Despard's Birthday</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Craft Project</p> <p>1:00 Walking Club</p> <p>1:30 Hangman</p> <p>2:30 Pat, Nia &amp; Tallie</p> <p>3:45 Literary Club in 2L</p> <p>6:00 The Silverwolves</p> <p>National Craft Day</p> <p>National Medal of Honor Day</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Photo Shoot</p> <p>1:00 Walking Club</p> <p>1:30 Entertainment: Carl &amp; JoAnne Campbell</p> <p>3:30 Bingo</p> <p>6:00 Crossword Puzzles</p>	<p>9:00 Communion: Ken</p> <p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Manicures</p> <p>11:45 RC Sale</p> <p>1:30 Entertainment: Lydia Saal will be playing the Violin</p> <p>2:30 Euchre Club 200L</p> <p>3:45 Rosary</p> <p>6:00 Jigsaw Puzzle</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Mystery Club</p> <p>1:00 Walking Club</p> <p>1:30 Knitting Club</p> <p>3:30 Bingo</p> <p>6:00 Word search</p>
<p>10:30 Coffee/Hot Cocoa Hour</p> <p>11:00 Internet Music</p> <p>1:30 Humphrey Baptist Church</p> <p>3:30 The Silverwolves</p> <p>6:00 Uno</p>	<p>9:30 Exercise</p> <p>10:00 Walking Club</p> <p>10:30 Bell Choir</p> <p>1:00 Walking Club</p> <p>1:30 Shuffle Board</p> <p>3:30 Rosary</p> <p>6:00 Cribbage</p>	<p>9:00 Outing: The Marilyn Horne Museum &amp; Exhibit Center</p> <p>9:30 Exercise</p> <p>1:00 Walking Club</p> <p>1:30 Dice Bingo</p> <p>3:30 Welcome Reception</p> <p>6:00 Uno</p>	<p>Programs held in Activity Area of Dining Room unless otherwise noted and led by Director April Kilbourn or Assistants: Dawn Sciabarrasi, Margaret Lewis, Megan Warters or our Volunteers.</p> <p>Activities are Subject to change.</p>		<p>1L=100's Lounge</p> <p>2L = 200's Lounge</p> <p>3L=300's Lounge</p>	