


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>January 2020</b> <b>Eden Heights West Seneca</b> <b>MEMORY CARE</b> <b>Activity Schedule</b>			<b>1 New Year's Day</b> 9:30 Exercise 10:30 Bingo  <b>Sparkling Water w/ Lunch</b>  <b>½ Day Activities</b>	<b>2</b> 9:30 Exercise 10:00 <b>RESIDENT COUNCIL</b> 11:00 <b>Bible Study (GR)</b> 11:00 Trivia 4:00 Painting	<b>3</b> 9:30 Exercise 11:00 Hangman 1:30 <b>Concierge Dental Presentation (GR)</b> 2:00 <b>God's Love Outreach</b> 4:00 Word Search 6:15 Movie (M)	<b>4 AFC/NFC Wildcards</b> 1:30 Word Search 2:30 Bingo 3:30 Color 6:15 Movie (M)
<b>5 AFC/NFC Wildcards</b> 1:30 Left, Right, Center 2:30 Free Bingo 3:30 Color 6:15 Movie (M)	<b>6</b> 9:30 Exercise 10:30 <b>Rosary</b> 11:00 Hangman 3:30 Food Matching	<b>7</b> 9:30 Exercise 9:45 Weights 10:30 Bowling 2:00 <b>Andy Bialek Entertains</b> 4:00 Dominoes	<b>8</b> 9:30 Exercise 10:30 Family Feud 11:00 <b>Novels w/ Nancy (GR)</b> 1:30 <b>Catholic Mass</b> 2:15 <b>VFW Honor Flight w/ Larry (GR)</b> 4:00 Bingo	<b>9</b> 9:30 Exercise 9:45 Weights 11:00 <b>Bible Study (GR)</b> 11:00 Wits and Wages 4:00 Painting	<b>10</b> 9:30 Exercise 9:45 <b>Music Therapy w/ Sheila</b> 11:00 Hangman 1:30 Bowling 4:00 Word Search 6:15 Movie (M)	<b>11 AFC/NFC Division</b> 1:30 Word Search 2:30 Bingo 3:30 Color 6:15 Movie (M)
<b>12 AFC/NFC Division</b> 1:30 Left, Right, Center 1:30 <b>Christian Service (GR) - Bob</b> 2:30 Free Bingo 3:30 Color 6:15 Movie (M)	<b>13</b> 9:30 Exercise 10:30 <b>Rosary</b> 11:00 <b>Library w/ Rob (GR)</b> 11:00 Hangman 3:30 Food Matching	<b>14</b> 9:30 Exercise 9:45 <b>Zumba w/ Dawn</b> 10:30 Bowling 2:00 <b>Katherine C. Entertains</b> 4:00 Dominoes	<b>15</b> 9:30 Exercise 10:30 Family Feud 1:30 <b>Catholic Communion</b> 4:00 Bingo	<b>16</b> 9:30 Exercise 9:45 Weights 11:00 <b>Bible Study (GR)</b> 11:00 Trivia 4:00 Painting	<b>17</b> 9:30 Exercise 11:00 Hangman 1:30 Bowling 4:00 Word Search 6:15 Movie (M)	<b>18 AFC/NFC Championships</b> 1:30 Word Search 2:30 Bingo 3:30 Color 6:15 Movie (M)
<b>19 AFC/NFC Championships</b> 1:30 Left, Right, Center 1:30 <b>Christian Service (GR) - Jan &amp; Tom</b> 2:30 Free Bingo 3:30 Color 6:15 Movie (M)	<b>20</b> 9:30 Exercise 10:30 <b>Rosary</b> 11:00 Hangman 3:30 Food Matching	<b>21</b> 9:30 Exercise 9:45 Weights 10:30 Bowling 2:00 <b>Carl Pacer Entertains</b> 4:00 Dominoes	<b>22</b> 9:30 Exercise 10:30 Family Feud 11:00 <b>Novels w/ Nancy (GR)</b> 1:30 <b>Catholic Mass</b> 4:00 Bingo	<b>23</b> 9:30 Exercise 9:45 Weights 11:00 <b>Bible Study (GR)</b> 11:00 Wits and Wages 4:00 Painting	<b>24</b> 9:30 Exercise 11:00 Hangman 1:30 Bowling 4:00 Word Search 6:15 Movie (M)	<b>25</b> 10:30 <b>Craft w/ MOD</b> 1:30 Word Search 2:30 Bingo 3:30 Color 6:15 Movie (M)
<b>26 NFL Pro-Bowl</b> 1:30 Left, Right, Center/ 1:30 <b>Christian Service (GR) - Laura &amp; Richard</b> 2:30 Free Bingo 3:30 Color 6:15 Movie (M)	<b>27</b> 9:30 Exercise 10:30 <b>Rosary</b> 11:00 <b>Library w/ Rob (GR)</b> 11:00 Hangman 3:30 Food Matching	<b>28</b> 9:30 Exercise 9:45 Weights 10:30 Bowling 2:00 <b>Lucille Entertains</b> 4:00 Dominoes	<b>29</b> 9:30 Exercise 10:30 Family Feud 1:30 <b>Catholic Communion</b> 4:00 Bingo	<b>30</b> 9:30 Exercise 9:45 Weights 11:00 <b>Bible Study (GR)</b> 11:00 Trivia 4:00 Painting	<b>31</b> 9:30 Exercise 11:00 Hangman 1:30 Bowling 4:00 Word Search 6:15 Movie (M)	<b>A=Activity Area</b> <b>B=Billiards room</b> <b>M=Movie room</b> <b>G=Garden room</b>

Activities are run by Activity Director – K. Murray or Activity Assistants – B. Tucker or K. McCool. Activities take place in the Activity Room unless otherwise indicated.