


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2020 Eden Heights West Seneca Activity Schedule		 1 New Year's Day 9:30 Exercise 10:30 Bingo Sparkling Water w/ Lunch ½ Day Activities	2 9:30 Exercise 10:00 RESIDENT COUNCIL 11:00 Bible Study (GR) 11:00 Trivia 2:00 Pokeno 3:15 Netflix Documentary 7:00 Bingo	3 9:30 Exercise 11:00 Hangman 1:30 Concierge Dental Presentation (GR) 2:00 God's Love Outreach 3:15 Left, Right, Center 6:15 Movie (M)	4 AFC/NFC Wildcards 1:30 Word Search 2:30 Bingo 3:30 Color 6:15 Movie (M)	
5 AFC/NFC Wildcards 1:30 Left, Right, Center 2:30 Free Bingo 3:30 Color 6:15 Movie (M)	6 9:30 Exercise 10:30 Rosary 11:00 Hangman 2:00 Pokeno 3:15 Netflix Mix	7 9:30 Exercise 9:45 Weights 10:30 Bowling 2:00 Andy Bialek Entertains 3:15 Netflix Mix (M) 7:00 Bingo	8 9:30 Exercise 10:30 Family Feud 11:00 Novels w/ Nancy (GR) 1:30 Catholic Mass 2:15 VFW Honor Flight w/ Larry (GR) 3:00 Black Jack 7:00 Poker	9 9:30 Exercise 9:45 Weights 11:00 Bible Study (GR) 11:00 Wits and Wages 2:00 Pokeno 3:15 Netflix Documentary 7:00 Bingo	10 9:30 Exercise 9:45 Music Therapy w/ Sheila 11:00 Hangman 1:30 Bowling 3:00 Left, Right, Center 6:15 Movie (M)	11 AFC/NFC Division 1:30 Word Search 2:30 Bingo 3:30 Color 6:15 Movie (M)
12 AFC/NFC Division 1:30 Left, Right, Center 1:30 Christian Service (GR) - Bob 2:30 Free Bingo 3:30 Color 6:15 Movie (M)	13 9:30 Exercise 10:30 Rosary 11:00 Library w/ Rob (GR) 11:00 Hangman 2:00 Pokeno 3:15 Netflix Mix	14 9:30 Exercise 9:45 Zumba w/ Dawn 10:30 Bowling 2:00 Katherine C. Entertains 3:15 Netflix Mix (M) 7:00 Bingo	15 9:30 Exercise 10:30 Family Feud 1:30 Catholic Communion 3:00 Bingo 7:00 Poker	16 9:30 Exercise 9:45 Weights 11:00 Bible Study (GR) 11:00 Trivia 2:00 Pokeno 3:15 Netflix Documentary 7:00 Bingo	17 9:30 Exercise 11:00 Hangman 1:30 Bowling 3:00 Left, Right, Center 6:15 Movie (M)	18 AFC/NFC Championships 1:30 Word Search 2:30 Bingo 3:30 Color 6:15 Movie (M)
19 AFC/NFC Championships 1:30 Left, Right, Center 1:30 Christian Service (GR) - Jan & Tom 2:30 Free Bingo 3:30 Color 6:15 Movie (M)	20 9:30 Exercise 10:30 Rosary 11:00 Hangman 2:00 Pokeno 3:15 Netflix Mix	21 9:30 Exercise 9:45 Weights 10:30 Bowling 2:00 Carl Pacer Entertains 3:15 Netflix Mix (M) 7:00 Bingo	22 9:30 Exercise 10:30 Family Feud 11:00 Novels w/ Nancy (GR) 1:30 Catholic Mass 3:00 Black Jack 7:00 Poker	23 9:30 Exercise 9:45 Weights 11:00 Bible Study (GR) 11:00 Wits and Wages 2:00 Pokeno 3:15 Netflix Documentary 7:00 Bingo	24 9:30 Exercise 11:00 Hangman 1:30 Bowling 3:00 Left, Right, Center 6:15 Movie (M)	25 10:30 Craft w/ MOD 1:30 Word Search 2:30 Bingo 3:30 Color 6:15 Movie (M)
26 NFL Pro-Bowl 1:30 Left, Right, Center/ 1:30 Christian Service (GR) - Laura & Richard 2:30 Free Bingo 3:30 Color 6:15 Movie (M)	27 9:30 Exercise 10:30 Rosary 11:00 Library w/ Rob (GR) 11:00 Hangman 2:00 Bingo 3:15 Netflix Mix	28 9:30 Exercise 9:45 Weights 10:30 Bowling 2:00 Lucille Entertains 3:15 Netflix Mix (M) 7:00 Bingo	29 9:30 Exercise 10:30 Family Feud 1:30 Catholic Communion 3:00 Bingo 7:00 Poker	30 9:30 Exercise 9:45 Weights 11:00 Bible Study (GR) 11:00 Trivia 11:30 Captain's Table 2:00 Pokeno 3:15 Netflix Documentary 7:00 Bingo	31 9:30 Exercise 11:00 Hangman 1:30 Bowling 3:00 Left, Right, Center 6:15 Movie (M)	A=Activity Area B=Billiards room M=Movie room G=Garden room

Activities are run by Activity Director – K. Murray or Activity Assistants – B. Tucker or K. McCool. Activities take place in the Activity Room unless otherwise indicated.