



# OCTOBER

# 2019

Wellness Care Calendar  
Eden Heights of Olean  
161 S. 25th Street  
Olean, NY 14760  
716-372-4466

Refreshments available  
daily at 10:00am &  
8:00pm in the Dining  
Room.

SUN	MON	TUES	WED	THUR	FRI	SAT
<b>Church Service:</b> <b>October 6th: Great Valley Baptist at 3:30pm</b> <b>October 13th: Center Street Baptist of Olean at 1:30pm</b> <b>October 20th: Center Street Baptist of Salamanca at 3:30pm</b> <b>October 22nd: St. Stephen's Church at 3:30pm</b> <b>October 27th Fresh Fire Church at 1:30pm</b> <b>Catholic Mass every 2nd &amp; 4th Monday at 3:30pm</b>	 9:30 Exercise <b>10:00 Walking Club</b> 10:30 Jeopardy <b>2:00 Pastor Steven Beattie</b> 3:30 Paddle Ball <b>6:00 The Silverwolves</b> <i>International Coffee Day</i>	<b>1</b> 9:30 Exercise <b>10:00 Walking Club</b> 10:30 Jeopardy <b>2:00 Pastor Steven Beattie</b> 3:30 Paddle Ball <b>6:00 The Silverwolves</b> <i>International Coffee Day</i>	<b>2</b> 9:30 Exercise <b>10:30 Dawn's Crafts</b> 1:00 Outing: Pumpkinville <b>1:30 Bible Study with Jackie</b> <b>3:45 Before Dinner Cocktail</b> 6:00 Qwixx Dice Game	<b>3</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Women's History</b> 1:30 <b>Entertainment/Birthday Bash:</b> Nandor 3:30 Dice Bingo 6:00 Jigsaw	<b>4</b> 9:00 Communion with Ken 9:30 Exercise <b>10:30 Manicures</b> <b>11:45 RC Sale</b> <b>1:30 Bingo</b> <b>2:30 Euchre Club 200 Lounge</b> 3:30 Rosary 6:00 Checkers <i>National Taco Day</i>	<b>5</b> 9:30 Exercise <b>10:00 Walking Club</b> 10:30 Card Making <b>1:30 Horse Racing</b> <b>3:30 Bingo</b> 6:00 Tri-Ominios <i>National Card Making Day</i>
10:30 Coffee Bar 11:00 Gospel Music <b>1:00 Buffalo Bills Game</b> 200L 1:30 American Trivia 3:30 <b>Great Valley Baptist Church</b> 6:00 Chess	<b>6</b> 9:30 Exercise <b>10:00 Walking Club</b> 10:30 <b>Fresh Fire Women's Group</b> 1:30 Dart Ball Toss <b>2:00 Liz &amp; Halley: Therapy Dog Room &amp; Room</b> <b>3:30 Rosary</b> 6:00 Cribbage	<b>7</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Morning Jam</b> Session with Bill <b>1:30 BAM</b> <b>3:30 Jeopardy</b> 6:00 ART	<b>8</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Dawn's Craft</b> <b>1:30 Bible Study with Jackie in 200 Lounge</b> <b>1:30 Crafts Continued</b> <b>3:30 Before Dinner Cocktails</b> 6:00 Checkers	<b>9</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Outing:</b> <b>Scenic Drive &amp; Donut/Cider Shop in Allegany, NY</b> 1:30 <b>Entertainment:</b> <b>Ron Kirchner &amp; Terry</b> <b>3:30 Bingo</b> 6:00 Qwixx Game	<b>10</b> 9:00 Communion with Ken <b>9-10-11:00</b> <b>Cattaraugus County Health Department Flu/Pneumonia Shot</b> <b>11:45 RC Sale</b> <b>1:30 International Social</b> <b>2:30 Euchre Club 200 Lounge</b> <b>3:30 Rosary</b> 6:00 Chess <b>General Pulaski Memorial Day</b>	<b>11</b> 9:30 Exercise <b>10:00 Walking Club</b> 10:30 <b>Wii Bowling</b> 1:30 Paddle Ball <b>3:30 Bingo</b> 6:00 Scrabbles <i>National Farmer's Day</i>
10:30 Coffee Bar 11:00 Internet Music <b>1:30</b> <b>Center Street Baptist of Olean Church</b> 3:30 Name 5 6:00 Checkers <b>Mary Ann Maduri's Birthday</b>	<b>13</b> 9:30 Exercise <b>10:30 Bell Choir</b> 1:30 Geography Trivia <b>3:15 Rosary</b> <b>3:30 Catholic Mass</b> 6:00 Cribbage <i>Columbus Day</i>	<b>14</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Spa Day</b> <b>1:30 Entertainment:</b> Joanne & Carl <b>3:30 I Love Lucy</b> 6:00 The Silverwolves <i>National I Love Lucy Day</i>	<b>15</b> 9:30 Exercise <b>10:30 Dawn's Crafts</b> <b>1:30 Cooking Workshop</b> <b>1:30 Bible Study with Jackie in 200 Lounge</b> <b>3:30 Before Dinner Cocktail</b> 6:00 Word Search <i>National Liqueur Day</i>	<b>16</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Men's History</b> <b>**11:30 Early Lunch**</b> 1:30 <b>Russell Phillips Fire &amp; Safety for Staff: No Afternoon Activities</b>	<b>17</b> 9:00 Communion w/ Ken 9:30 Exercise <b>10:30 Manicures</b> <b>11:45 RC Sale</b> 2:00 <b>Toe, Heal &amp; Twister's: Square Dancing Club</b> <b>2:30 Euchre Club 200 Lounge</b> <b>3:30 Rosary</b> 6:00 Uno	<b>18</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Sandy and Gunner</b> <b>1:00 Veteran/Men's Club: Unbroken: Path to Redemption</b> <b>3:30 Bingo</b> 6:00 Jigsaw Puzzles
10:30 Coffee Bar 11:00 Gospel Music <b>1:00 Buffalo Bills Game 200L</b> <b>1:30 The Silverwolves</b> 3:30 <b>Center Street Baptist of Salamanca Church</b> 6:00 Cards	<b>20</b> 9:30 Exercise <b>10:00 Outing:</b> Olean Mall 1:30 Activity Meeting <b>2:00 Jean &amp; Zena Therapy Dog room to room</b> <b>3:30 Rosary</b> 6:00 Cribbage	<b>21</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Baking Club: Pumpkin Dump Cake</b> <b>1:30 Paint /Carve your Pumpkin</b> 3:30 <b>St. Stephen's Church</b> 6:00 Scrabble	<b>22</b> 9:30 Exercise <b>10:30 Dawn's Crafts</b> <b>1:30 Bible Study with Jackie</b> <b>3:30 Before Dinner Cocktail</b> 6:00 Checkers <b>Jackie Gattuso's Birthday</b>	<b>23</b> 9:30 Exercise <b>10:30 Pumpkin</b> <b>Taste Off with Residents, Family and Staff</b> 1:30 <b>Entertainment: Dave Tucker</b> <b>3:30 Ice Cream Social</b> 6:00 Crossword Puzzles	<b>24</b> 9:00 Communion with Ken <b>10:30 Manicures</b> <b>11:45 RC Sale</b> <b>1:30 Welcome Reception</b> <b>2:30 Euchre Club 200 Lounge</b> <b>3:30 Rosary</b> 6:00 Jigsaw Puzzle	<b>25</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Wii Tennis</b> 1:30 <b>Workshop with Sharon Konert, Director of MC: Painting Halloween Lanterns</b> 6:00 Word search
10:30 Coffee Bar 11:00 Internet Music <b>1:00 Buffalo Bills 200L</b> <b>1:30 Fresh Fire Church</b> 3:30 Bean Bag Toss 6:00 Qwixx Dice Game <b>National Black Cat Day</b>	<b>27</b> 9:30 Exercise <b>10:00 Walking Club</b> <b>10:30 Bell Choir</b> <b>1:30 Bon Appetite Mtg.</b> 3:15 Rosary <b>3:30 Catholic Mass</b> 6:00 Cribbage <i>National Chocolate Day</i>	<b>28</b> 9:30 Exercise <b>10:30 Entertainment:</b> Cindy & Bryan <b>1:30 Photo Day in Activities</b> <b>3:30 Resident Council Mtg.</b> 6:00 The Silverwolves	<b>29</b> 9:30 Exercise <b>10:30 Lunch Outings:</b> Sprague's <b>1:30 Bible Study with Jackie</b> <b>3:30 Before Dinner Cocktail</b> 6:00 Word Search	<b>30</b> <b>10:00 Trick or Treaters: Students from Southern Tier Catholic School</b> <b>12:00 Themed Luncheon: Halloween</b> <b>1:30 Halloween Party for Residents, Family &amp; Staff</b> 6:00 Cards	<b>31</b> Programs held in Activity Area of Dining Room unless otherwise noted and led by Director April Kilbourn or Assistants: Dawn Sciabarrasi, Margaret Lewis, Megan Wartars or our Volunteers. Activities are Subject to change. <b>1L=100's Lounge</b> <b>2L = 200's Lounge</b> <b>3L=300's Lounge</b>	
<b>National Days</b> October 1st: International Coffee Day October 4th: World Smile Day	October 4th: National Taco Day October 5th: National Card Making Day October 11th: General Pulaski Memorial Day	October 12th: National Farmer's Day October 14th: National Dessert Day October 14th: Columbus Day	October 15th: National I Love Lucy Day October 16th: National Liqueur Day October 27th: National Black Cat Day	October 28th: National Chocolate Day October 31st: Halloween		