



2019

Wellness Care Calendar
 Eden Heights of Olean
 161 S. 25th Street
 Olean, NY 14760
 716-372-4466
 www.edenheights.com

Refreshments available daily at 10:00am & 8:00pm in the Dining Room.

SUN	MON	TUES	WED	THUR	FRI	SAT
<p><u>National Days</u></p> <p>1st- Peanut Butter Lover day 6th- Oreo Cookie Day 11th- Johnny Appleseed Day 14th- Potato Chip Day 19th- Certified Nurses Day 22nd- Goof Off Day 29th- Something on a Stick Day</p>	<p>Programs held in Activity Area of Dining Room unless otherwise noted and led by Activity Director April Kilbourn or Assistants: Dawn Sciabarrasi or Margaret Lewis or our Volunteers.</p> <p>Activities are Subject to change..</p>	<p>2L = 200 Lounge 1L = 100 Lounge</p> <p>Billiards Table is in the 1L</p> <p>Library books are in the activity area, just make sure to sign them out and sign them back in when returned.</p>	<p>Ice Cream Parlor is open every day from 2:30pm to 3:00pm and 7:00pm to 7:30pm.</p> 		<p>9:30 Exercise 10:00 Walking Club 10:30 Manicures 11:45 RC Sale 1:30 Bingo 3:30 Rosary 6:00 Cards</p>	<p>9:30 Exercise 10:00 Movie: Gone with the Wind 11:45 Intermission: Lunch 1:00 The Continuation of Gone with the Wind 6:00 Dominos</p>
<p>10:30 Coffee Hour 11:00 Christian Music 1.30 Bingo 3:30 Great Valley Baptist Church 6:00 Crossword Puzzle</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Fresh Fire Women Group 1:30 BAM 2:00 Liz & Halley Therapy dog- room to room 3:15 Rosary 6:00 Tri-Ominios</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Mardi Gras Trivia 12:00 Themed Luncheon: Mardi Gras with Olean High School Jazz Band 2:00 Pastor Steven Beattie 3:30 Paddle Ball 6:00 Uno</p> 	<p>9:30 Exercise 10:00 Walking Club 10:30 Dawn's Crafts 1:30 Trip: Dollar General 3:30 Literary Club/Knitting Club in the 2L 6:00 Cards</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Hangman 2:00 Ombudsman will be here to talk with all residents! 3:30 Volleyball 6:00 Word Search</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Manicures 11:45 RC Sale 1:30 Entertainment: Alex Cole 3:30 Rosary 6:00 Checkers</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Bean Bag Toss 1:30 Central Baptist Craft Workshop 3:30 Bingo 6:00 Chess</p>
<p>10:30 Coffee Hour 11:00 Internet Music 1:30 Center Street Baptist Church 3:30 Trivia 6:00 Uno Daylight Savings Time: Set your clocks ahead one hour!</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Dawn's Crafts 1:30 Who was Johnny Appleseed? 3:15 Rosary 3:30 Catholic Mass 6:00 Scrabble Johnny Appleseed Day</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Bell Choir 1:30 Resident Council Meeting 3:30 Activity Meeting 6:00 Dominos</p>	<p>9:30 Exercise 10:30 Who was St. Patrick? 12:00 St. Patty's Day Luncheon 1:30 Bingo 3:30 Literary Club/ Knitting Club in the 2L 6:00 The Silverwolves</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Internet: Trip to Ireland 1:30 Entertainment/Birthday Bash Dick Pensyl 3:30 Ice Breaker 6:00 Word Search National Potato Chip Day</p>	<p>9:30 Exercise 10:00 Walking Club 10:45 RC Sale ****11:30 Early Lunch**** 2:00 Irish Dancers 3:30 Rosary 6:00 Dominos</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Horse Racing 1:30 Workshop with Sharon Konert: Invite Family and Friends 3:30 Shamrock Shakes 6:00 Checkers</p> 
<p>10:30 Coffee Hour 11:00 Irish Trivia 1:30 Irish Music 3:30 Center Street Baptist of Salamanca 6:00 Checkers</p>	<p>9:30 Exercise 10:30 Walking Club 10:30 Bell Choir 2:00 Therapy Dogs: Jean with Zena and Hallie 3:15 Rosary 6:00 Cards</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Hangman 2:00 Nia and Tallie 3:30 Jeopardy 6:00 Checkers Wyatt Earp Day! David McElfresh's Birthday!</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Dawn's Crafts 1:30 American Trivia 3:30 Literary Club/Knitting Club in the 2L 6:00 The Silverwolves</p>	<p>9:30 Exercise 10:30 Name that Tune 12:00 Build your own Sub in dining room with Marsha 1:30 Entertainment: Ade Adu 3:30 Horse Racing 6:00 Crossword Puzzles</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Manicures 11:45 RC Sale 1:30 Bingo 3:30 Rosary 6:00 Tri-Ominios</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Balloon Toss 12:00 Brunch for Lunch 1:30 Happy Hour The Silverwolves 3:30 Bingo 6:00 Scrabble</p>
<p>10:30 Coffee Hour 11:00 Internet Places 1:30 Fresh Fire Church 3:30 Bingo 6:00 Scrabble Mary Despard's Birthday</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Dawn's Crafts 2:00 Bon Appetite Meeting 3:15 Rosary 3:30 Catholic Mass 6:00 Uno</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Bell Choir 12:00 Taste of Home 12:00 Captain's Table 1:30 BAM 3:30 St Stephens Church 6:00 Jigsaw Puzzles</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Word Game 1:30 Ice Cream Social 3:30 Literary Club/Knitting Club in the 2L 6:00 Find the words</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Trip: Sprague's 1:30 Entertainment: Rustic Ramblers 3:30 Something on a Stick 6:00 Checkers</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Manicures 11:45 RC Sale 1:30 Bingo 3:30 Rosary 6:00 Cards</p>	<p>9:30 Exercise 10:00 Walking Club 10:30 Hangman 1:30 Happy Hour The Silverwolves 3:30 Bingo 6:00 Chess</p>

10:30 Coffee Hour
 11:00 Christian Music
 1:30 Humphrey Baptist Church
 3:30 Constantinople
 6:00 Checkers

Church Service:
 March 3rd: Great Valley Baptist Church
 March 10th: Center Street Baptist Church of Olean
 March 17th: Center Street Baptist of Salamanca
 March 24th: Fire Side Church
 March 31st: Humphrey Baptist Church

Catholic Mass every other Monday at 3:30pm



May you always have...
 Walls for the winds
 A roof for the rain
 Laughter to cheer you
 Those you love near you
 And all your heart might desire.

